

## **Exceptional Outcomes! Resolving 7 Overlooked Musculoskeletal Problems that Delay Recovery. (4hrs)**

Healthcare is changing- and regardless of who is ultimately paying for your care, they want results! This practical and entertaining 4-hour presentation will review 7 commonly overlooked problems that delay recovery. In one way or another, these 7 “functional” diagnoses contribute to many, if not all, of the “structural” diagnoses that chiropractors treat. The discussion will cover the identification and successful management of:

- Upper Crossed Syndrome
- Scapular Dyskinesis
- Lower Crossed Syndrome
- Hip Abductor Weakness
- Paradoxical Breathing
- Spinal Instability
- Foot Hyperpronation

Recognition and management of these 7 diagnoses can dramatically and immediately improve clinical results. Attendees will leave this class with practical, evidence-based skills for quickly resolving musculoskeletal pain from head to toe.

### Hour 1

Differentiation of “Functional” and “Structural” diagnoses.

Recognition, functional evaluation and management of Upper Crossed Syndrome and Scapular Dyskinesis.

### Hour 2

Recognition, functional evaluation and management of Lower Crossed Syndrome and Hip Abductor Weakness.

### Hour 3

Recognition, functional evaluation and management of Paradoxical Breathing and Spinal Instability

### Hour 4

Recognition, functional evaluation and management of Foot Hyperpronation  
Integrating “Best Practices” and functional diagnoses into daily practice.